

Work At Height Basic Training

COURSE CONTENT

Participants will receive training and coaching using international best practice to prepare them to apply and demonstrate those skill sets as part of the training process.

Participants will understand how to identify and manage risk, undertake work at heights, complete a basic rescue as well as understanding the different types of fall protection equipment and their use and limitations.

ELEMENTS OF COMPETENCY

- a) Understand the theory of working at heights.
- b) Demonstrate correct use of fall safety equipment, systems and devices.
- c) Describe the risk assessment process and correctly implement control measures.
- d) Understand external factors and their effects.
- e) Understand job planning and emergency planning.
- f) Demonstrate safe tool, equipment and work area management.
- g) Understand health considerations.
- h) Perform work at height safely and correctly

COURSE DURATION

Two Full Consecutive Days (16 hours).

PARTICIPANTS

Min 10 Max 12.

DESIGNED FOR

Personnel working at heights.

PRE-REQUISITES

None.

ASSESSMENT

Participants will demonstrate knowledge of the elements of competency during simulation-based exercises which would typically incorporate the facility's credible emergency scenarios.

Confirmation of their underpinning knowledge is also gathered through demonstrating skills during site-based exercises and drills.

CERTIFICATION

Upon successful completion of the course, participants will be issued with a CAM FIRESAFE certificate of completion.

QUALITY ASSURANCE

This course is designed using international best practice principles, which are in line with those used in countries such as Australia.

DELIVERY METHOD

Classroom based and practical training consisting of presentations, case studies and training exercises focusing on scenarios relevant to the customer's workplace.

The course is delivered by suitably experienced and qualified trainers, who have years of hands on